WEEKLY MENU

Lunch Menu – Week Three

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LUNCHEON	**LUNCHEON**	**LUNCHEON**	**LUNCHEON**	**LUNCHEON**	**LUNCHEON**	**LUNCHEON**
‘Roman Revival’	Oriental Stir Fry Day	‘Meat Free Wednesday Lunch’	‘Parisian Paradise’	Battered Fish & Chips	**Chef’s Choice**	Royal Alexandra & Albert Brunch
Creamy Chicken & Tomato Linguine	Chicken Noodle Stir fry	Penne Pasta	Tarragon Chicken Drumsticks	Battered Sausages		
Artichoke, Olive & Lemon Linguine	Vegan Noodle Stir Fry	Selection of Sauces	Beef Bourguignon	Battered Vegan Sausages		
Spinach & Butternut Squash Cannelloni	Peppers, Bean Sprouts, Garlic, Soy, Spring Onions	Mac ‘n’ Cheese	Roasted Root Vegetable Cassoulet	Garden Peas, Curry Sauce		
Roasted Mediterranean Vegetables, Garlic & Rosemary Focaccia Bread	Prawn Crackers	Focaccia Bread	Herb Roasted New Potato	Baked Beans, Mushy Peas & Tartar Sauce		
Italian Style Lemon Cake	Mango & Ginger Smoothie	‘Chefs’ Rice Pudding	Apple Cake	Crumble & Custard		
SUPPER	**SUPPER**	**SUPPER**		**SUPPER**	**SUPPER**	**SUPPER**
‘The Big Easy Feast’	‘Turkish Tuesday’	‘RAAS Burger Joint’	‘Pizza Party’	‘Tasty Tropics’	**Chef’s Choice**	
Cajun Marinated Chicken Leg Sticky Southern Style BBQ Pork Belly	Turkish Style Beef Mince	Southern Fried Chicken Burger Cajun Spiced Beef Burger	Assorted Flavors of House Baked Pizzas Potato Croquettes	Tempero Baiano Brazilian Chicken Leg		**Chef’s Choice**
Roasted Sweet Potato & Spinach	Saksuka Style Vegetables	House Vegetarian Burger		Moqueqa de Banana ou Palmito Brazilian Style Stew		
Roasted New Potato & Peppers	Yoghurt Dip, Ezme Style Dip, Steamed Rice Tortilla Wrap	Caramelized & Crispy Onions, Fries, Selection of Burger Sauces, Floured Baps	Garlic Sauce, BBQ Sauce, Siracha	Kale & Garlic Butter Arroz de Passas Rice & Rasin		
Cornbread	Yoghurt Dessert	Baked Cookies	Ice Cream	Pina Colada Cake		

food **with** thought