

WEEKLY

MENU

Lunch Menu – Week Three



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON
'Roman Revival'	Oriental Stir Fry Day	'Meat Free Wednesday Lunch'	'USA Today'	Battered Fish & Chips	Chef's Choice	Royal Alexandra & Albert Brunch
Sicilian Style Chicken Spaghetti	Chicken Noodle Stir fry	Penne Pasta	Smokey BBQ Marinated Chicken Leg	Battered Sausages		
Tuna & Sweetcorn Pasta Bake	Vegan Noodle Stir Fry	Selection of Sauces	Spiced Beef & Boston Bean Stew	Battered Vegan Sausages		
Roasted Aubergine & Spinach Gnocchi	Peppers, Bean Sprouts, Garlic, Soy, Spring Onions	Mac 'n' Cheese	Stuffed Sweet Potato with Spiced Beans & Guacamole	Garden Peas, Curry Sauce		
Roasted Mediterranean Vegetables, Garlic & Rosemary Focaccia Bread	Prawn Crackers	Focaccia Bread	Cajun Roasted New Potatoes & Sweetcorn	Baked Beans, Mushy Peas & Tartar Sauce		
Italian Style Lemon Cake	Mango & Ginger Smoothie	'Chefs' Rice Pudding	Hummingbird Cake	Crumble & Custard		
SUPPER	SUPPER	SUPPER		SUPPER	SUPPER	SUPPER
'Jamaican Jerk'	'Marrakesh Menu'	'RAAS Burger Joint'	'Pizza Party'	'Carbonara Creations'	Chef's Choice	
Jerk Marinated Chicken Drumsticks Caribbean Sweet Potato & Pork Casserole	Moroccan Style Chicken Tagine Spiced Fish Stew	Southern Fried Chicken Burger Cajun Spiced Beef Burger	Assorted Flavors of House Baked Pizzas Potato Croquettes	Bacon & Parmesan Carbonara Bake		
Chick Pea & Coconut Island Curry	Chick Pea & Mediterranean Vegetable Stuffed Peppers	House Vegetarian Burger		Spinach & Ricotta Cheese Carbonara Bake		
'Rice & Peas' & Steamed Broccoli	Roasted Vegetable Cous Cous	Caramelized & Crispy Onions, Fries, Selection of Burger Sauces, Floured Baps	Garlic Sauce, BBQ Sauce, Siracha	Rosemary & Garlic Focaccia, Ratatouille		
Banana Bread	Orange Cake	Baked Cookies	Ice Cream	Tiramisu		