

Royal Alexandra and Albert School Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	BRUNCH
Diced Beef Cottage Pie	Barbequed Pork Chops	Homemade Traditional Lasagne	Roast Turkey with Stuffing	Homemade Fish Cakes	Chicken Chasseur	
Sweet Potato, Bacon & Stilton Quiche	Stir Fried Beef in Black bean Sauce	Tri Colour Pasta with a Creamy Seafood Sauce	Breaded Pork Chop	Chilli Filled Tortilla Wraps		
Minted New Potatoes	Egg Fried Rice	Garlic Bread	Fondant Potatoes	Chipped Potatoes	Baked Jacket Wedges	
Braised Red Cabbage	Broccoli with Red Onion	Roasted Mediterranean Vegetables	Cauliflower Mornay	Sweetcorn & Carrots Mushy Peas	Green Beans with Mouli	
Aubergine Timbale	Battered Sweet & Sour Vegetables	Individual Vegetarian Lasagne	Stuffed Cabbage Leaves	Leek & Stilton Bubble & Squeak Cakes	Vegetable Brie	
Bannoffi Pie	Pineapple Upside Down Cake	Creamy Rice Pudding	Apple & Oatmeal Crunch	Spotted Dick	Chocolate Millionaire Cake	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Penne Pasta with Chicken in a Cream Sauce	Baked Jacket Potatoes with Lamb Bolognese Tuna & Sweetcorn	Freshly Baked Pizza with a Choice of Toppings	Lancashire Hot Pot	Turkey Fricassee	Cottage Pie	Roast Beef with Yorkshire Pudding
Penne Pasta with Bacon, Tomato and Mushroom	Baked Beans & Cheese	French Fries Spaghetti Hoops	Risotto Filled Gammon	Rice & Peas		Roast Potatoes
Roasted Med Veg	Grilled Tomatoes	French Fries Spaghetti Hoops	Parsley Potatoes Green Beans	Fresh Mixed Vegetables	Broccoli	Carrots & Cabbage
Penne Pasta with Basil and Tomato	Spiced Soya Bolognese	4 Seasons Vegetarian	Potato Rosti Topped with Tomato, Red Onion & Basil	Breaded Vegetable Kofta with Sweet Chilli Sauce	Vegetarian Cottage Pie	Stuffed Mushroom
Arctic Roll	Fruit Salad	Jelly	Swiss Roll	Peaches & Cream	Chocolate Fudge Brownie	Chocolate Crispy Bar

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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	BRUNCH
Lamb Steak Casserole	Baked Fish Rarebit	Keema Curry	Roast Gammon Ham	Oatmeal Breaded Fish	Pan Seared Lamb Burger on Pitta	
Pork, Sage & Leek Meatballs with Mustard Sauce	Chicken Piri Piri	Pork Goulash	Homemade Meatloaf	Chicken Hoi Sin Stir Fry		
Butter Bean Mash	Lyonnaise Potatoes	Two Coloured Rice with Peas & Grated Carrots	Roast Potatoes Roast Parsnips Brussels Sprouts	Chipped Potatoes	Baked Jacket Wedges	
Fresh Mixed Vegetables Beetroot, Feta & Sweet Potato Filo Parcel	Roasted Ratatouille	Pan Fried Courgettes		Fresh Mixed Vegetables	Broccoli with Red Onion	
Yoghurts	Homemade Spring Rolls with Sweet & Sour Sauce	Quesadillas	Stuffed Jackets	Falafel Pate in a Toasted Bap		
	Plum Clafoutis	Ginger Cake	Bread & Butter Pudding	Sticky Toffee Pudding with Toffee	Lemon Meringue Pie	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chilli Con Carne Tandoori Chicken	Pastichio Fish Pie	BBQ Pork Chops BBQ Lamb Steaks	Selection of Sausages With Onion Sauce	Spaghetti Bolognaise	Quiche Lorraine	Roast Pork & Apple Sauce
		Jacket Potatoes	Colcannon Mash			Fondant Potatoes
Rice Pitta Bread Roasted Med Veg	Garlic Mushrooms	Baked Beans	Green Beans & Mouli	Garlic Bread Roasted Med Veg	New Potatoes Sweetcorn	Peas & Carrots
Vegetable Chilli	Vegetable Cannelloni	Vegetable Burger	Quorn Sausages	Vegetable Pasta Bake	Feta, Basil & Tomato Quiche	Sweet Potato Cheesecake
Choc Ice	Shortbread	Toffee Mousse	Spicy Carrot & Rice Loaf	Rock Cakes	Jam Rolly Polly	Banana Fritters

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	LUNCHEON	BRUNCH
Cumberland Sausage with Onion Sauce Chicken Piri Piri	Stir Fried Beef with Noodles Chinese Style Pork Chops	Roasted Gammon Roast Chicken and Stuffing	Beef Satay Tandoori Style Lamb	Minced Beef Tortillas Homemade Fishcakes	Tagliatelle Carbonnara Garlic Bread Pan Fried Courgettes	Stir Fried Chicken with Noodles Breaded Fish Garlic Mushrooms Jacket Potatoes
Hongroise Potatoes Baton Courgette and Mouli Quorn Sausages	Steamed Rice Stir Fried Vegetables Vegetarian Chow Mein	Roasted New Potatoes Savoy Cabbage and Shredded Carrot Cauliflower and Broccoli Cheese Tart	Mixed Fruit Rice Spiced Vegetable Fritter with Curry Sauce	Chunky Fries Grilled Tomatoes Mushy Peas Chinese Cabbage Gratin	Quorn and Vegetable Bolognaise	Pasta With Roast Mediterranean Vegetables
Chocolate Ganache	Vanilla Sponge	Fruit Cheesecake	Apple Crumble with Custard	Mixed Fruit Tart French Style	Millionaire Shortcake	Vanilla Sponge
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Pizza with a Selection of Toppings	Pasticcio Pesto Baked Lamb	Homemade Meatballs in Herb & Tomato Sauce Breaded Fish	Turkey Fricassee Sweet and Sour Pork	Barbeque Chicken	Quiche Lorraine	Roasted Lamb and Minted Yorkshire Puddings Roast Potatoes
French Fries Barbeque Beans	Boulangere Potatoes	Mashed Potato Peas & Sweetcorn	Cous Cous Spring Vegetables	Baked Jacket Potatoes Sweetcorn Feta and Vegetable Kebabs	New Potatoes Courgettes	Mixed Vegetables
Vegetarian Pizza	Mexican Tortilla Cheesecake	Pasta With Roast Mediterranean Vegetables	Thai Vegetable Curry	Jellies	Spinach and Blue Cheese Quiche	Individual Nut Roasts
Mincemeat Strudle	Arctic Roll	Chocolate Brownie	Lemon Posset		Chocolate Éclairs	Pear and Chocolate Cake

Vanilla Sponge